Chronic Pain Support Group

Located in the Higgins Conference Room at Anna Jaques Hospital 25 Highland Avenue, Newburyport MA • www. ajh.org

For people living with the daily challenges of chronic pain.

The Anna Jaques Hospital Comprehensive Pain Center welcomes individuals living with the daily challenges of chronic pain to gain mutual support, encouragement, empathy, and education in a casual, conversational setting. Learn from others also coping with chronic pain through shared experiences and information to assist in improving the quality of daily life.

- Free monthly support group
- Hosted the third Thursday of each month 6:00pm-7:30pm
- Higgins Conference Room at AJH
- No RSVP required

Upcoming Dates:

Meets the third Thursday of each month:

January 17

February 21

March 21

April 18

May 16

June 20

July 18

August 15

September 19

October 17

November 21

December 19

Confidentiality is expected of all participants.

Comprehensive Pain Center

