



WELCOME TO THE ANNA JAUQUES HOSPITAL PERIOPERATIVE SERVICES DEPARTMENT

Pre-Procedure Instructions

PRE-REGISTRATION

Immediately upon receiving your surgery date and time, you must pre-register by calling the

ACCESS Department

Monday-Friday: 8:00am - 5:00pm

978-834-8210

You will be speaking with a non-clinical person who will ask you to verify your address, phone numbers, emergency contacts, insurance and other demographic information.

PRE-ADMISSION TESTING INTERVIEW

Date & Time ☐ Via Phone ☐ In-Person Visit

OTHER PRE-PROCEDURE APPOINTMENT(S):

PRE-ADMISSION TESTING INTERVIEW

A nurse will contact you at the appointed date and time unless you have been instructed to come to the hospital for an in-person visit.

The nurse will review medical history, anesthesia experiences, medications and pre-operative instructions included in this pamphlet.

Please complete the enclosed questionnaire for this interview.

The nurse will guide you through any specific instructions from your physician and will assist you with any special needs or questions.

PROCEDURE APPOINTMENT

Procedure

Surgeon

Date & Time*

***Note:** Procedure time may change; you will be contacted the afternoon prior to your procedure to confirm check-in time at the hospital.

POST-PROCEDURE APPOINTMENTS:

Date & Time



Important “Do’s and Don’ts”
Before Surgery



ANNA JAUQUES HOSPITAL

25 Highland Avenue
Newburyport, MA 01950
978-463-1000 • www.ajh.org

Please read through this pamphlet carefully to familiarize yourself with what to expect and what is needed prior to your procedure.

PLEASE FOLLOW ALL STEPS PRIOR TO YOUR PROCEDURE

If you are required to have any pre-procedure testing, please have these tests completed as soon as possible.

If you have had testing in the last six months, please have your results faxed to the Pre-Admission Testing Department at 978-463-1266.

1-2 WEEKS PRIOR

For outpatient procedures you **MUST** make arrangements for someone to drive you home if you receive any type of anesthesia or sedation.

It is strongly recommended that you make arrangements for someone to stay with you for the first 24 hours following your procedure.

Stop all vitamin and herbal medicines as directed by your provider.

If you take Aspirin, Aspirin-containing products or blood thinners, **please contact your prescribing provider for instructions.**

STOP Ibuprofen products such as Aleve, Motrin, and Advil. You **MAY** take Acetaminophen products such as Tylenol.

THE EVENING PRIOR

We will contact you on the business day prior to your procedure to confirm your check-in time.

Let us know if you feel ill or have a fever at this time.

You must also notify your surgeon if you do not feel well.

Nothing by mouth after midnight.

This includes solid food, milk or milk products, chewing gum, life savers/breath mints, etc.

Failure to follow this guideline can lead to your procedure being delayed or cancelled.

STOP all over the counter antacids (TUMS, Pepcid Complete, Gaviscon and Mylanta)

If you have been asked to take a pre-operative shower/bath, please follow specific instructions provided by your doctor or nurse.

THE MORNING OF YOUR PROCEDURE

Please make every effort to check-in on time.

If you are going to be late,
please call 978-463-1107.

If you take prescription medications for your heart, lungs, blood pressure, seizures or stomach problems, **take them with a sip of water.**

If you use inhalers, bring them with you.

Do **NOT** take diabetes medications.

Patients taking diuretics (fluid pills) who have a diagnosis of Congestive Heart Failure (CHF) **should take** their diuretic as ordered. Other patients should **NOT** take their diuretics.

Please shower per specific instructions from your doctor or nurse.

WHAT TO BRING

- A current list of all medications including dosages and time of last dose taken
- A copy of your Advance Directives, if you have established them
- Wear comfortable clothing and flat shoes
- Please leave crutches in the car
- C-PAP or Bi-PAP, if applicable
- Headpiece, if applicable

WHAT NOT TO BRING

- No make-up, fragrances, colognes or perfumes
- Remove nail polish
- All jewelry, including wedding ring and body piercings **MUST** be removed
- Please leave **ALL** jewelry, credit cards, large amounts of cash and other valuables at home

ARRIVAL AT THE HOSPITAL

Upon arrival at AJH, there is **FREE** valet parking available at the covered walkway for your convenience (8am-4pm), or please park in the main parking lot.

Proceed up the covered walkway to the atrium.

The Pre-Op Testing and Surgical Services entrance will be immediately on your left.

