



ANNA JAQUES HOSPITAL

Week of January 14, 2019

week 1

Mindful.sodexo.com

Menu available at ajh.org

Before placing your order, please inform your server if a person in your party has a food allergy.

GF

Gluten Free menu items are available by special order. The GF menu is posted on the café menu board as you enter the main door of the café. Special ordered GF menu items will take several minutes to prepare.

This Week's Grab & Go Salad

Classic Chef Salad

Breakfast Specials

Wednesday

Roasted Vegetable Omelet

Roasted zucchini, summer squash and roasted red pepper with Monterey Jack cheese

Thursday

Cheese Omelet with Tomatoes and Onions

Diced tomatoes and onions with American and cheddar cheese

Vegan Vegetarian Mindful



Breakfast: Corned Beef Hash Soup: Turkey Noodle Entrée: Buffalo Chicken Tender Macaroni & Cheese Entrée: Tuscan Herb Cod Sides: Broccoli, Sweet Potato Fries Grill: Western Burger Grab & Go: Chicken Caesar Wrap	M
Soup: Cajun Chicken Bisque Entrée: Chicken with Kiwi Relish Quesadilla: Steak & Cheese Quesadilla with Salsa & Sour Cream Sides: California Mixed Vegetable, Orzo with Parmesan Special: Chicken Tender Wrap (<i>cheddar, lettuce, tomato & dressing</i>) Grab & Go: Turkey and Cheese on Wheat	T
Soup: Minestrone Entrée: Mustard Crusted Chicken Entrée: Vegetarian Stuffed Pepper Sides: Lemon Garlic Green Beans, Monterey Mashed Potato Special: Steak & Cheese Sub (<i>peppers, onions, mushrooms, cheese</i>) Grab & Go: Buffalo Chicken Salad Wrap	W
Breakfast: Waffles Soup: Navy Bean (<i>chicken base, ham base</i>) Entrée: Vegetable Lasagna Entrée: Pork Cutlet with Mushroom Sherry Sauce Sides: Capri Mixed Vegetable, Buttered Pasta Special: Apple Crisp with Vanilla Ice Cream Grab & Go: Texas Toast PB&J	Th
Soup: Classic New England Clam Chowder (<i>contains bacon</i>) Entrée: American Chop Suey Entrée: Baked Cod with Crabmeat Stuffing Sides: Cape Cod Vegetable, Rice Pilaf Pizza: Assorted Pizza <i>made in house</i> Grab & Go: Egg Salad on Wheat	F
Soup: Soup of the Day Entrée: Country Fried Chicken Special: Burger Bar (<i>beef burger, turkey burger, garden burger</i>) Sides: Corn, Gravy, Mashed Potato Grill: Pizza, Hamburgers, Cheeseburgers, French Fries	Sa
Soup: Soup of the Day Entrée: Baked Haddock Special: Ranchero Wrap Sides: Glazed Carrots, Rice Pilaf	Su